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THE PREP

Everything you need to prepare for the week with PARENT PASS®



New Year, New Cheers Here!

Fresh Starts With Zero Stress



Ring in the New Year!

1. Creative Calm | Postpartum Moms



Every Monday | 9:30 – 10:30am
At 4812 Diaz Avenue in Fort Worth.

Call 817-921-2401!

2. Safe Baby Sleep



Tuesday, January 13th | 9:30 – 11am
At Catholic Charities Fort Worth.

FREE baby essentials!

3. Teen Biz Builders



Friday, January 16th | 3:30– 4:30pm
At Fort Worth Public Library – Southwest

6th – 12th graders pitch their ideas!

4. Parents Night Out



Friday, January 16th | 6 – 8pm
Andrew Doc Session Community Center.

Take a well-deserved break!

5. “I have a dream” Recital



Saturday, January 17th | 10am – 12:30pm
At Southwest Community Center.

Celebrate the voices of youth!

Find events on Parent Pass®



More in the app!

Mental Health a new priority?



Learn how to talk to your doctor!

Half of adults are struggling too. Learn what to ask.

Learn More HERE

New baby at home?



Learn about their growth!

Search “Child Development” in the app to learn milestones and more!

Learn More HERE

New year, more movement!



Tap Sports in Explore!

Find free ways to stay active.

Learn More HERE

Find more on Parent Pass®



Share **Parent Pass®** with your network!

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PASS®