



THE PREP

Everything you need to prepare for the week with PARENT PASS™



Saturday, Nov. 4th
**Embracing Wellness,
Unity, and Joy!**

[Find Out More in Events](#)

Free Events on Halloween!

1. Five Halloween Bashes



Tuesday, Oct. 31st at Varying Start Times
At Five FW Public Library Locations.

Crash these boo bashes! Everyone is invited!

2. Trick or Treat on Oak Street



Tuesday, Oct. 31st at 6 pm
At Roanoke City Hall.

Trick or Treating followed by movies!

3. Como Halloween Festival



Tuesday, Oct. 31st at 6 pm
At Como Community Center.

Food, games, music, and best costume!

4. Trunk or Treat



Tuesday, Oct. 31st at 6 pm
At FBC Benbrook.

Join this fun safe event for families!

5. Fall Fest



Tuesday, Oct. 31st at 6:30 pm
At Iglesia Bautista on Galvez Ave.

A safe place for games, candy, and fun!

Visit [Parent Pass™](#) to access the full list of events near you.

More in the App!

FREE Yoga



Trauma-Informed Yoga

Free, on-demand yoga to relieve symptoms of anxiety, depression, trauma, burnout or simply the everyday stresses of life.

Under Mental Wellness in **CONNECT**.

Stay-at-Home Parent?

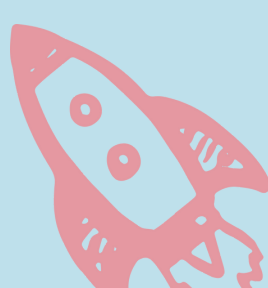


Join a FREE Support Group For You

That will meet virtually on Mondays starting October 30th. To sign up call (817) 851- 2042.

Find out more in **EVENTS**.

Homeschool Resources



Added Daily in Explore

From math & science classes online to local theater & dance lessons in person.

Find Homeschool Resources in **Explore**.

Visit [Parent Pass™](#) to access the full list of resources for you.

