

# THE PREP

Everything you need to prepare for the week with PARENT PASS™



**Eclipse Countdown!** Search the word "eclipse" in Parent Pass™ for stellar activities this week!

**Out of This World Events** 

# ree Events This Wee

### 1. Mom Matters: Self-Care After Baby

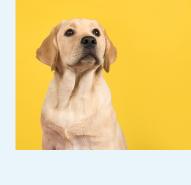


At Thornhill Drive. Ensure mental and physical health while

Monday, October 9th at 6 pm

adjusting to your new baby!

2. Books and Barks



At Ridglea Public Library. Improve reading skills with a specially

Tuesday, October 10th at 4 pm

trained therapy dog!

### Wednesday, October 11th at 1:30 pm

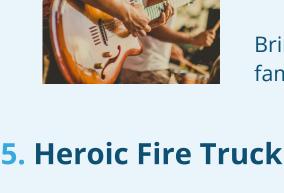
3. Free Civil Legal Clinic



Help facing legal issues for those who qualify.

At LVTRise on Calmont Ave.

## 4. Friday on the Green



Bring a picnic blanket for this relaxed family friendly concert!

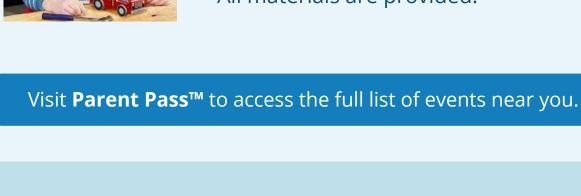
All materials are provided.

At Magnolia Green.

Friday, October 13th at 5 pm

Saturday, October 14th at 10 am

# Build your own Fire Truck toy!



At various Lowe's stores around Fort Worth.

More in the App!

#### Let Us Know How it Went By answering 6 quick questions.

**Take Survey** 

Were You at Our Birthday Bash?





**YOU Can Add Events** 

By tapping the + button in the upper right corner of events section.

Life Can Be Stressful at Times

Give it a try today in **EVENTS.** 



10 Ways to Manage Stress Make it a goal to keep everyday stress at low levels

Tips and reading material in ACCESS.

**Visit Parent Pass™** to access the full list of resources for you.



Share **Parent Pass™** with your network!