



# THE PREP

Everything you need to prepare for the week with PARENT PASS™



**RSVP to our 1-Year Birthday Bash & get a \$10 gift card! Hurry! Just for the first 500.**

[RSVP Now](#)

## Free Events This Week!

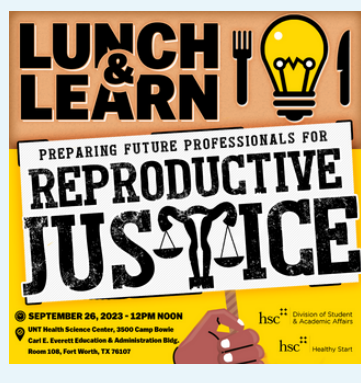
### 1. Pre-Writing Playtime



**Monday, Sept. 25th at 1 pm**  
At Reby Caby Youth Library.

Scribbles are the first step to writing! Join these motor skills activities.

### 2. Lunch & Learn



**Tuesday, Sept. 26th at 12 pm**  
At UNT Health Science Center.

Lunch and discussion for future professionals in reproductive justice.

### 3. We Run Wednesdays



**Wednesday, Sept. 27th at 6:30 pm**  
Starts at the Trailhead at Clearfork.

Stroller moms & dads, toddlers, or tykes on bikes - bring the whole family!

### 4. The Fourth Trimester: Maternal Health



**Thursday, Sept. 28th at 8:30 am**  
At Lena Pope Amon Carter Center.

What about mom? Speakers on postpartum self-care and maternal health topics.

### 5. La Gran Fiesta



**Friday, Sept. 29th at 5 pm**  
At Clayton Community Center.

Celebrate Hispanic Heritage at this party for the whole family!

Visit [Parent Pass™](#) to access the full list of events near you.

## More in the App!

### Know a New Mom?



#### Support Her

Finding out how mom is doing is crucial to baby's health. Find out how in Support After Birth.

Read about Support After Birth in **ACCESS**.

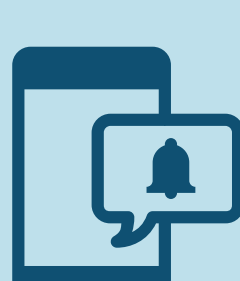
### Free Cool Fort Worth T-Shirt!



**When You Show Your Parent Pass™ App**  
At our birthday bash on October 7th at Dream Park.

Celebration details at **1-Year Parent Pass™ Party**.

### Cook Children's Health Plan Member?



#### Know Your Value Added Benefits

Get updates on everything from free rides to medical visits and car seats to gift cards!

Manage Push Notifications from your **Account**.

Visit [Parent Pass™](#) to access the full list of resources for you.

