



# THE PREP

Everything you need to prepare for the week with PARENT PASS™



Did you know that it's the year of the rabbit? Check out VIEW for all of the free family events celebrating the Lunar New Year in Fort Worth this week!

[Visit Parent Pass™](#)

## Free Events in View!

### 1. Stroller Strides

**Monday, January 16th at 9:30 am**

First class free! Strengthening and core training while engaging your little ones in the stroller. Intended for kids in strollers and their grown-ups.



Check it out in [VIEW](#).

### 2. Celebrate Tet!

**Tuesday through Sunday at 10:30 am**

Celebrate the Vietnamese New Year with different crafts and activities. All ages can join the fun!



Check it out in [VIEW](#).

### 3. Music and Movement

**Wednesday & Friday, January 18th & 20th at 10:30 am**

Get your little one moving and grooving! For children 3-5 years old and their grown-ups.



Check it out in [VIEW](#).

### 4. Itty-Bitty Art

**Saturday, January 21st at 10 am**

Sing, explore, and draw with your baby or toddler. Designed for children 24 months and younger.



Check it out in [VIEW](#).

### 5. Family Fun Day & Donation Drop Off

**Saturday, January 21st at 11 am**

Come to donate winter accessories and stay to play! For families of all ages.



Check it out in [VIEW](#).

[Visit Parent Pass™](#)

Want more? Visit [Parent Pass™](#) to access the full list of events near you.

## More in the App!

### Alcon Vision Center



#### FREE Eye Exams & Glasses

Check if you qualify for FREE access to Eye Care Professionals specialized in pediatric eye care.

Make an appointment in [RECOMMEND + CONNECT](#).

### Shoes Already Too Small?



#### Pass Them On to Others

Better for the environment and helps other families. Take a picture and add to FREEBIES to share those outgrown items with families in the area.

Pass it on in [SEE FREEBIES](#).

### Thank You!



#### For Your Great Events

Keep them coming! It's parents like you that keep us up to date and help to share upcoming events with other families.

Post your favorite event in [VIEW](#).

[Visit Parent Pass™](#)

Want more? Visit [Parent Pass™](#) to access the full list of resources for you.

